Hot Drink		Coffe	e
Americano	£3.58	Cappuccino	£4.25
		Expresso	£3.58
Tea		Flat White	£4.25
Chai Tea	£3.04	Latte	£4.25
Herbal Tea	£3.04		
Mint Tea	£3.04	Pastrie	es
Sage Tea	£3.04	Crossant	£2.03
Teapot	£5.06	Pan raisin	£2.03
		Sambussa	£2.67

#### Cold Drinks

Still Water	 £2.38
Sparkling Water	 £2.38



#### **Smoothies**

Blueberry Spinach Power Smoothie	£7.43
Blueberry, Spinach, Banana, Almond milk, Chia Seed	
Carrot, Orange, Ginger Smoothie	£7.43
Orange, Carrot, Ginger, Honey, Coconut water/Almond milk	
Ginger Peach Spice	£7.43
Ginger, Peach, Turmeric, Honey	
Green Detox	£7.43
Green apple, Avocado, Lemon, Cucumber, Spinach, Ginger, Coconut Water	
Kale & Cado	£7.43
Kale, Avocado, Banana, Almond milk, Honey	
Sweet Mango	£7.43
Mango, Honey, Almond milk, Turmeric, Ginger, Chia Seeds	



07545134663

5 Crowndale Road, Camden, London NW1 1TU



**London NW1 1TU** 

## Starter

Green peas, chopped carrot, sweetcorn, onions	
Lamb Samosa	£7.68
Minced lamb, onion, green chilli, green peas, garlic and ginger	
Chicken Samosa	£7.68

# Breakfast

#### Spinach and Mushroom Omelette VEGETARIAN

Eggs, mushrooms, fresh spinach leaves, onion, turmeric, garlic, black pepper, olive oil served with toasted whole grain bread and fresh side salad

Diced grilled chicken, onion, green chillis, garlic and ginger

#### Toasts

#### Avocado and Tomato Toast VEGETARIAN

Boild eggs, mashed avocado, Greek yogurt, lemon juice, red onions, celery, fresh parsley, black paper, spinach or lettuce. Served with toasted artisan bread or whole grain tortilla wraps



Vegetable Samosa





£7.68

£10.73

£8.71

£13.47

#### Porridges

Coconut Milk Oatmeal	GLUTEN FREE	VEGETARIAN	£8.71
Oats, Coconut milk, organic honey, ground cinnamon w	ith berries, nuts,	banana	

# Cinnamon Apple Quinoa Porridge GLUTEN FREE VEGETAR

Quinoa, unsweetened almond milk, apple, honey, cinnamon, Vanilla extract, chopped nuts or dried cranberries

## Ethiopian

Chechebsa	VEGETARIAN £9.45
Is a dish made from a torn pieces of kita mixed with spices, clarified but kibbeh) and berbere. (Ethiopian spice blend). It is typically served with y	

# Ful Medames E9.45 This is a popular breakfast dish in many Middle Eastern and African Countries, including

This is a popular preakfast dish in many wildole Eastern and African Countries, including Ethiopia. It consists fava beans seasoned with spices such as cumin, garlic red onion, fresh tomato and lemon juice with virgin oil. Its often served with pitta bread

## Kinche VEGETARIAN £9.45

Is made of a cooked split barely or wheat with a spicy butter or a virgin olive oil.

ega	

Pieces of flat bread (injarra) mixed with spiced stew and cub of rosted beef

Engulal Firfir		

Eggs, tomatoes, chili, bell peppers, and onions cooked with butter

